

## Marist Spirituality

The most important aspect of Marist Spirituality in my life is the way it leads me to contemplate like Mary. Marist community provides an ideal venue for such contemplation. It brings together Brothers who have similar aspirations and who offer deep compassion, as together we embark on our daily ministry of evangelisation. It is understandable therefore, that *Water from the Rock* describes Marist community as a 'sacred space' (141) where we can live eucharistically 'gathered, blessed, broken and shared' (86).

John McMahon